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Visit us on the web at  
[www.bcendoscopycenter.com](http://www.bcendoscopycenter.com)

For questions about the procedure Call 609-265-1700

## **Endoscopy Instructions**

### **The test will be cancelled if:**

- 1) **IF you have no one to drive you home (A bus or taxi is not acceptable)**
- 2) **You are required to have a responsible party over the age of 18 for transportation**
- 3) **IF you eat any food the day of the test**
- 4) **IF you drink any fluids less than 4 hours before the test.**

*If you have a fever, cold, or bad cough with phlegm in the days before the procedure call our office (609-265-1700) as your procedure may need to rescheduled*

### **The MORNING OF THE PROCEDURE:**

**Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNLESS given other instructions.** This also includes ALL inhalers.(Do Not Smoke the day of the test.)Bring a current list of meds and their doses with you.

HMO insured patients may require a referral or precertification. You will need to bring a Picture ID, your insurance cards, referral, and co-pay at the time of the visit.

### **PRIOR TO YOUR EXAM:**

You will receive specific instructions on medicines such as aspirin, arthritis medicines, Coumadin, pradaxa, and diabetic medication which will be on the *Medicine Instruction Sheet* that you are given at checkout or was mailed to you. Discontinue any medications ONLY if directed by the office.

Your procedure will take approximately 5-10 minutes once you go into the procedure room.

Special situations such as diabetes, patients on coumadin and antibiotic prophylaxis will be addressed in your Medicine Instruction sheet.

**Report to the Endoscopy Center on: \_\_\_\_\_ at \_\_\_\_\_ am/pm**

### **The MORNING OF THE PROCEDURE:**

**Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test**If the test is scheduled after 1 PM then you may have small sips of water up to 8 AM, then nothing more afterwards.

**NO SMOKING CIGARETTES OR SMOKING MARIJUANA, INGESTING OF MARIJUANA, MEDICINAL MARIJUANA OR EDIBLES. NO HARD CANDY, LIFESAVERS, MINTS, OR GUM\*\*\*\*\***

**YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT FOLLOW THE PREP AS ABOVE**