

Patient Instructions for Pillcam Small Bowel Capsule Endoscopy with Sensor Belt

693 Main Street, Bldg A. Suite 2, Lumberton, NJ 08048
609-265-1700

Patient: _____

Examination Date: _____

To ensure the best results for you PillCam capsule endoscopy of the small bowel, follow your doctor's instructions carefully and completely.

Stop all Iron and Multivitamins 7 days prior to exam

1. Start the prescribed liquid diet in the morning. Clear Liquids the entire day prior to the capsule study.
2. DO NOT EAT OR DRINK except for necessary medications with a sip of water, 10 hours before your capsule endoscopy.

DAY OF CAPSULE

1. DO NOT TAKE ANY MEDICATION 2 HOURS BEFORE EXAM
2. Wear your upper garment of thin, natural fiber such as a T-shirt that is long enough to reach at least to hip level and will not ride up above the belt.
- 3. Arrive for your appointment at the scheduled time of 6:45am and return at 3 pm.**

After Swallowing the Pillcam SB Capsule:

Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the procedure

1. You may drink colorless liquids starting 2 hours after swallowing the Pillcam SB capsule.
2. You may have a light lunch 4 hours after ingestion. After the examination is completed, you may return to your normal diet
3. Be sure the sensor belt is tight at the waist. Do not attach anything to it.
4. Check the blue flashing Pillcam recorder every 15 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
5. Use the supplied Capsule Endoscopy Event Form to note the time of any event such as eating, drinking, or a change in your activity. Return the completed even form to your doctor at the time you return the equipment.
6. Avoid strong electromagnetic fields such as MRI devices, ham radios after swallowing the capsule and until you pass it in a bowel movement.